

TESTIMONIAL
Letter from teacher

This letter is from Jill Sylvies.

February 11, 2015

To Whom It May Concern,

The intent of this letter is to explain the benefits and positive outcomes that have been a result of ***Mainstream Solutions program*** being presented at Beaver Local High School.

Ry Torhan has been coming to BLHS once a week for over a year now. Each week he presents an important topic to the students in a class. The topics include character education, self-esteem, creating goals, positive thinking and other related themes. These topics have flowed well with current topics already discussed in health class. Ry brings enlightenment on subjects in a way that the students can relate and they enjoy listening and talking to him.

I believe the mainstream program of character education is very important to our teens. The teenagers today are faced with much negative attention and feedback. This program focuses on the positive and developing strategies to become a better person while being happy with who you are. This week we talked about the dangers of social media and how to ignore that negativity. Discussing how to handle conflict and communicate in an appropriate way is a facet in all of our lives. Learning the proper way to introduce yourself and make a good first impression are valuable tools as these students enter the work force.

Teenagers today need positive role models and positive reminders in their lives and this curriculum is specific to those needs. Some of the student responses were:

“we are learning but it is still fun”, “it doesn’t feel like a lecture”, and “eliminate the negative self talk in my life”.

Sincerely,

Mrs. Jill Sylvies
Health Educator at Beaver Local High School